

Target (What?)

- Small steps that help reach the outcome
- The "What?" component of the 5Q
- Should be things your child is ready to learn right now and things you can see and measure

What Progress Looks Like in 3 Months/Goal

- May involve groups of skills that cluster or are used together and take a little longer to learn than a Target
- May include several individual skills or targets

What Progress Looks Like in 6 Months/Goal

- May involve groups of skills that cluster or are used together and will likely take longer to learn than 3 months
- May include several individual skills or targets

IFSP Outcome

- What you would like the child to learn, how it helps them participate or learn skills in which everyday routines, and how learning the skill will be measured
- Should be functional, measurable, and meaningful to the family

OSEP Child Outcome



Target (What?)

What Progress Looks Like in 3 Months/Goal

What Progress Looks Like in 6 Months/Goal

IFSP Outcome

Sofia will interact with caregivers during mealtimes and playtimes by initiating interactions or responding to others' initiations

OSEP Child Outcome

Developing positive social-emotional skills



Target (What?)

What Progress Looks Like in 3 Months/Goal

Sofia will initiate an interaction following a prompt

What Progress Looks Like in 6 Months/Goal

Sofia will initiate an interaction using gestures or words

IFSP Outcome

Sofia will interact with caregivers during mealtimes and playtimes by initiating interactions or responding to others' initiations

OSEP Child Outcome

Developing positive social-emotional skills



Target (What?)

Sofia will respond to others' initiations by moving closer or using a gesture or a word to ask for a toy

What Progress Looks Like in 3 Months/Goal

Sofia will initiate an interaction following a prompt

What Progress Looks Like in 6 Months/Goal

Sofia will initiate an interaction using gestures or words

IFSP Outcome

Sofia will interact with caregivers during mealtimes and playtimes by initiating interactions or responding to others' initiations

OSEP Child Outcome

Developing positive social-emotional skills